From the Principal

Family and Friends of the Port Curtis Road State School Community

This term is certainly going very quickly. We only have a few weeks of school left (Friday 20th September is the last day of school).

Congratulations to Jessie Neale who came third overall in gymnastics at a recent competition.

Book Week
Wow! We had some fantastic costumes Friday. Thanks to those who came in costume, it was a lot of fun.

Weekly Awards:

Bookwork Presentation: Bryce Leddy Louise Watson Elia Platt Dylan Sanderson

Gotcha Awards: Tayleah Daniel Brody Nunn Ethan Haughton Katie Adams Jorja Smith Sam Gray

The Prep, Years 1, 2, 3 and 4 are travelling to the Pilbeam Theatre on Wednesday morning to see Possum Magic—The Musical. Don’t be late as the bus departs at 9.00am. Students will return to school at 10.45am.

Have a great week

Take Care

Julianne Emmert
Principal
CLASSROOM NEWS

From the Prep - Year 2 Classroom
The focus for our studies in English for the remainder of this term will be on Poetry. Children will explore a range of poems, focussing primarily on their structure, the use of language/vocabulary and the intended audience. Students will also analyse poems in terms of the plot, the setting and the use of characters.
Please share any of your favourite poems with your children, discuss the intent of the poem and the images the language evokes. Keep an eye out in future newsletters for poems that the students themselves have written.

Mr John Collins

From Years 3, 4 Classroom
Years 3-4 have been working on their Technology Challenge which required the children to design, make and appraise a water cooler to keep a woolen bottle cold. We started the challenge by learning about insulation and its uses to keep things hot or cool. We have just completed the challenge and are about to test our coolers this week by checking the temperature with a thermometer after the cooler is taken out of the fridge and left at room temperature for a specified amount of time. We are all looking forward to testing and seeing which materials have worked the best for the challenge.
Homework once again should be completed and returned to school for marking on Friday. All students have homework which must be completed.
Have a good week!

Mrs Tracy O’Brien

Student Council
Student Council raised valuable funds of $131.20 for Queensland Cancer Council awareness “Wear Yellow Day” or “Daffodil Day” by purchasing merchandise and giving a gold coin donation.

A big Thank You to those who supported this worthy cause.

Playgroup

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<thead>
<tr>
<th>Week 9</th>
<th>5th September</th>
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<tbody>
<tr>
<td>THEME</td>
<td>Footy Colours/Sports</td>
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<tr>
<td>9:00 - 9:30</td>
<td>Books and Puzzles</td>
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<tr>
<td>9:30 – 10:30</td>
<td>Footy Shirt design (group)</td>
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<td>Colouring in sport</td>
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<td>Ball games</td>
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<td>Threading</td>
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<td>10:30 – 10:45</td>
<td>Storytime</td>
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<td>10:45 – 11:00</td>
<td>Shared Morning Tea</td>
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<table>
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<th>Week 10</th>
<th>12th September</th>
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<tr>
<td>THEME</td>
<td>Transport</td>
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<tr>
<td>9:00 - 9:30</td>
<td>Books and Puzzles</td>
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<tr>
<td>9:30 – 10:30</td>
<td>Group poster - Transport</td>
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<td>Construction – train, bus, etc</td>
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<td>Transport play</td>
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<td>Painting</td>
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Tuckshop News
Tuckshop this Friday is a Hamburger Meal Deal for $6.50. Order forms are attached.

Snack Shack
A reminder that the Student Council offers Snack Shack each Wednesday afternoon and Icy Cups each Friday afternoon after school.

School Banking
Don’t forget that Thursday is School Banking day and students should bring in their weekly deposit to Mrs West. For every deposit made at school, no matter how big or small, students will receive a cool Dollymuts token. The first token will be received upon the first deposit at school. Once students have individually collected 10 tokens they can then be redeemed for a range of great, exclusive reward items in recognition of their continued savings behaviour.

FOOTY COLOURS DAY
Fight Cancer
FOOTY
COLOURS
DAY!

This Friday 6th September is Footy Colours Day where you can help fight cancer and change lives.

Thousands of Australians unite and don their favourite football team’s colours, be it AFL, NRL, Rugby Union or Soccer – to help raise money for children living with cancer.

Wear your football team’s colours all day – jersey, scarves, beanies or anything else you have and make a donation.

Get involved and pay a gold coin to have fun and show compassion for others who are worse off than you.

Rockhampton State High School
Enrolment Interviews for 2014

2014 Enrolment interviews or Year 7 going into Year 8: It is that time of the year again and we have had a good response already with the Year 7 students doing enrolments for next year.

2014 enrolment interviews are taking place at the moment for the parents who have not done this already.

Parents need to contact Rockhampton State High School on 49 204 333 and set up an appointment time as soon as possible.

National Asthma Week

National Asthma Week is an event celebrated by Asthma Foundation Queensland in the first week of September (1-7) each year. This year’s event aims to create awareness about the importance of compliance with asthma medication, especially preventer medication.

Asthma Foundation Queensland has a number of activities planned during National Asthma Week, all of which can be found here: [http://asthmaaustralia.org.au/](http://asthmaaustralia.org.au/)

People are also encouraged to phone the Foundation on 1800 ASTHMA (1800 278 462) and speak directly with an Asthma Educator to receive any information about asthma.

NIDA SHORT COURSES IN ROCKHAMPTON

This Spring the National Institute of Dramatic Art (NIDA) is running a range of short courses at the Walter Reid Cultural Centre, Rockhampton. NIDA short courses are a great way for students to develop skills in a supportive environment and with some of Australia’s best tutors.

COURSES IN ROCKHAMPTON

VENUE: Walter Reid Cultural Centre
DATES: 1 to 6 October 2013

8–11 years
Drama School, Doctor Who: Intergalactic Adventure

12–15 years
Acting Boot Camp, Drama School

16+ years
Audition Essentials, NIDA Acting Techniques

For more information contact NIDA Open via email at open@nida.edu.au or call (02) 9697 7626

Rockhampton Futsal (indoor soccer) Club will be holding sign-ons online at [www.australianfutsal.com](http://www.australianfutsal.com). The new season starts in mid September is age groups from 8 years old to seniors (Men and Women), boys and girls.

Please go to this website to sign on for new season.
Any enquiries please email gail@australianfutsal.com or ring 0408 780 612.
NOTICEBOARD

You are invited to
An Information Expo
Come and see what Services and Supports are there to assist our Frail aged or family members with a disability. Everyone welcome......

WHEN: Monday 14th October 2013
WHERE: PCYC - Stapleton Park, Rockhampton
TIME: 10.00am - 1.00pm
INCLUDED: Tea, Coffee & Nibbles
COST: FREE
Carers Queensland Inc. 1/93 West St. Rockhampton Ph: 4921 4486 or Email: nshultz@carersqld.asn.au

You are invited to a
Carers Luncheon

WHEN: Wednesday 16th October 2013
WHERE: Frenchville Sports Club, 105 Clifton St. nst Rockhampton
TIME: 12.00pm - 2.00pm
INCLUDED: Lunch, Tea, Coffee & Cake
COST: FREE
RSVP: 1st October 2013
Carers Queensland Inc. 1/93 West St. Rockhampton Ph: 4921 4486 or Email: nshultz@carersqld.asn.au

You are invited to a
Picnic at the
MT MORGAN DAM
Open to All

WHEN: Friday 18th October 2013
WHERE: Mt Morgan Dam (No. 7 Dam or Big Dam)
Both from the eastern side - when leaving from the dam, you'll find the road crosses the main highway before you reach the river turnoff
TIME: 10.00am - 12.00pm Food & Drink supplied
COST: FREE (Please bring a picnic mat or chair)
RSVP: 14th October 2013
Carers Queensland Inc. 1/93 West St. Rockhampton Ph: 4921 4486 or Email: nshultz@carersqld.asn.au

In the event of wet weather, please call 0427 154 296

FREE COME & TRY DAYS

Water Polo Why Not!
FREE All Ages Event at Rockhampton Grammar School Pool.
Sunday 15th September 2013, from 10am.
Find out more via our website.

Free Event
Child Protection Information evening

Tuesday, 10th Sept 7.30 - 9.00 pm
MECOBE Conference Centre
191 Willett Dr & Bohobir St PH: 4921 5000
(Australia Post Rockhampton)

Presented by Michael Packer from "In Safe Hands"

Are you caring for a child with Congenital or Acquired Heart Defects in Rockhampton?

The Umbrella Network
A non-profit organisation supporting families

www.heartkidsqld.com.au

CQ Epilepsy Support Group gives people of all ages whose lives are touched by epilepsy, time to talk and meet with like minded others who have or have had similar experience.

It also provides the opportunity to learn more about epilepsy and how you can share information with those around you.

CQ Epilepsy Support and The Umbrella Network can support you:

- Learn more about epilepsy
- Realise you are not alone
- Become informed about treatment options and side effects
- Meet others with epilepsy and coping strategies
- Become an advocate for epilepsy in Queensland

Contact HeartKids Queensland on 1800 802 500, or visit www.heartkidsqld.com.au

Do you have or are you caring for someone with epilepsy in Central Queensland?

CQ Epilepsy Support Group meets at a month a year of facing a range of people, family and social events for all ages.

CQ Epilepsy Support Group meets at a month a year of facing a range of people, family and social events for all ages.

National Asthma Week 1-7 September

Asthma Action Plan

Three or more is very poor.
Take control.

If you use reliever medication three or more times a week, your asthma is out of control and it's time to visit your doctor.

1800 ASTHMA (1800 278 462)
asthmaqueensland.org.au

Port Curtis Road State School  Phone: 07-49223056,  Fax: 07-49213258
Build your Club with the KickStartCQ Program

It is well known that the involvement of volunteers (and in particular junior-level volunteers) is key to the success and long-term sustainability of local sporting clubs, sports organisations and sporting events.

Recent studies suggest that without volunteers the sports system could not operate. There is growing awareness within the industry of the need to better manage and nurture volunteers particularly on the latest surveys indicate a trend of declining volunteering nation-wide.

For more information on the program offered and how to register visit the KickStartCQ Website.

KickStartCQ facebook

Keep in touch with the KickStartCQ team and LIKE our Facebook page here.

There's heaps of great local information to keep active and involved in the community, as well as competitions and heaps more!

Check it out today!

2014 Sport+Health Expo

Registrations now OPEN!!

Registration Fees:
Sport & Recreation Clubs - $100.00
Gyms & Health Service Providers - $300.00
Businesses - $600.00

Don't miss out on this great opportunity for all the details click here.

Autism Queensland's Fun, Friends and Feelings Holiday Program

Autism Queensland's Early Action team is currently organising Fun, Friends & Feelings Programs for the September/October school holidays.

These will run as week-long intensive group programs with 3-4 children and their parents, offering each session or afternoon for the week. The number of programs location during the week will depend on demand and then upon the need to organise children into appropriate groups.

To be eligible for the program, children must be under the age of 7 and have a diagnosis of Autism Spectrum Disorder.

If you wish to participate in a Fun, Friends & Feelings Program during the September/October 2013 school holidays or are wanting more information please go to www.kickstartcq.com.au.

Applications Open for Inclusive Community Champions

The Inclusive Community Champion Awards are a celebration and recognition of local people, businesses and services that support the inclusive Community Champion Awards or to register click here.

Connect with your community at the walk to Cure Diabetes

Mary Anderson Park, Yeppoon

Sunday, 10 November 2013

Feeling like a part of a group that makes a difference and would like to get involved? Well look no further than Cure Diabetes Queensland.

For more information on how to get involved contact Cure Diabetes Queensland on 1300 79 18 28.

 Aussies

Aussie is a fantastic way to build strength, endurance to get in and around in the water. A little exercise can go a long way to preventing chronic diseases so get involved today!

Main Street and Conviolating Sessions
We know guys like to keep a regular training and simple. So here is something for you do it.

AussiesQ2CQ doesn't change and Conviolating Sessions are specifically designed to improve functionality and strength while maintaining overall fitness. The sessions also deliver the key, versatile and supportive environment and are tailored to suit all fitness levels.

Spring into Action: KickStartCQ's Top 4 Tips to get Active!

As we move towards Spring we are quickly trickling warmer days, greater green, sunshine, and enjoying the great outdoors.

Spring is a great time to begin adding more physical activity to your lifestyle. Although it's not impossible, it is harder to get outdoors and be active during this colder months for most people, so as Spring rolls in it's a great opportunity to get outside and get those bodies moving.

It's well documented that physical activity is the key to a healthy lifestyle. So as Spring rolls in we've got 5 tips to recommenced to aim for 10 minutes a day.

To find out the top 4 tips to get active with the KickStartCQ website

Contact KickStartCQ team on (07) 4922 3275 or email kickstartcq@qca.com.au to register.

Port Curtis Road State School Phone: 07-49223056, Fax: 07-49213258
Fitzroy River Water is inviting students and their families to get involved in a ‘Water Song Writing Challenge’ during the lead up to National Water Week.

First place winners will receive prize packs, double movie passes, and have their songs interpreted and performed by local music students from Rockhampton State High School.

www.frw.com.au
4932 9000 or 1300 22 55 77

ENTRIES CLOSE 9 OCTOBER 2013
Visit www.frw.com.au for information or call 4932 9000 or 1300 22 55 77.

Would $500 assist with your child’s school costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for education costs including uniforms, text books, laptops, sports equipment and music tuition.

You may be eligible if you:
• have a Health Care Card or Pensioner Concession Card
• are 18 or over and
• have some paid income from work (you or your partner).

Contact Diana Friederichs, your local Saver Plus Worker:
07 4921 0273 / 0408 490 984 or diana.friederichs@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Rockhampton by The Smith Family.
Saver Plus is funded by ANZ and the Australian Government.